



TREATMENTS 2019

Virtue Wellness at Hotel MiM Ibiza Es Vivè is a tranquil space dedicated to the care of your mind & body; an intimate sanctuary where you can truly renew yourself from inside-out.

Massages, Therapeutic and Beauty treatments, Hair & Make-up service, Gym, and the exclusivity of a unique space where you will feel delighted.

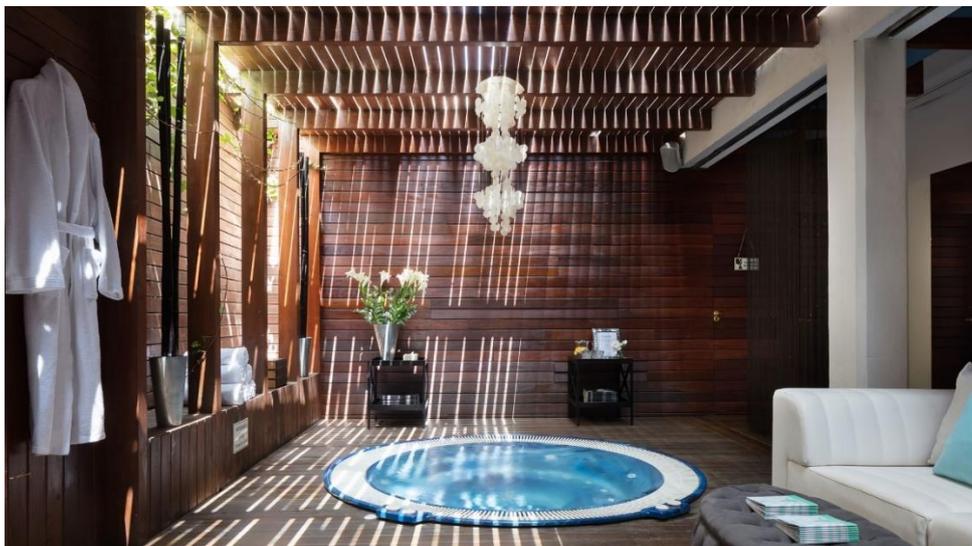
Experience the serenity and enjoy before or after your treatment free use of the facilities in our private wooden terrace: Finnish Sauna, Steam Room, Jacuzzi and Tonic shower.

Reach us by phone +34 (971) 301902, send us an email virtuewellness@hotelmimibiza.com , or, if you are staying with us at MiM Ibiza Es Vivè, dial 407 from your room.

24 hours' notice is required for changes or cancellations. In the case of 'no-show' 50% of the total amount will be charged.

Please, come to your appointment with plenty of time. If after 20 minutes of the agreed time you have not shown up, it will be considered cancelled, and the company will have the right to organize the agenda.

*The facilities in our sheltered terrace will be used exclusively by clients with treatments.



LUXURIOUS ORGANIC FACIALS

Our philosophy is to fully respect the natural functions of the skin, and help your own system to balance, bringing your skin to its perfect state, acknowledging that each person is unique. "Dr. Hauschka"

We use natural products from the best raw materials, made with extracts from medicinal plants, organic farming and fair trade. Certificates with the international quality guarantee NATRUE.



Holistic Treatment Dr. Hauschka (1h 50min – 140€)

The most hedonistic of our facial treatments combines physical and emotional well-being together with the proven experience of a top-quality organic products.

Relaxing footbath, gentle massage on legs and arms, aromatic muslins, are the preparation for deep cleansing and facial treatment.

Purifying and personalized masks plus intensive blister-based treatment, activate and regenerate the skin. Later lymphatic stimulation decongests and boosts the immune system.

Deluxe Facial (80min-100€)

The combination of a complete purifying facial followed by a personalized treatment depending on your skin type. Includes 2 facemasks, lymphatic stimulation with facial brushes (Dr. Hauschka exclusive protocol), hand and Oriental head massage. All perfectly combined in this ritual of beauty and well-being.

Purifying Facial (Detox) (75min – 80€)

Deep and intense cleansing with natural Dr. Hauschka cosmetics to purify and soften the skin. In addition to cleaning and exfoliation, we will use ozone steam to aid extraction and to oxygenate and moisturize the skin, purifying mask, serum, head massage and specific product will be the ritual of this magnificent facial.

Customized Facial Treatment (60min- 70 €)

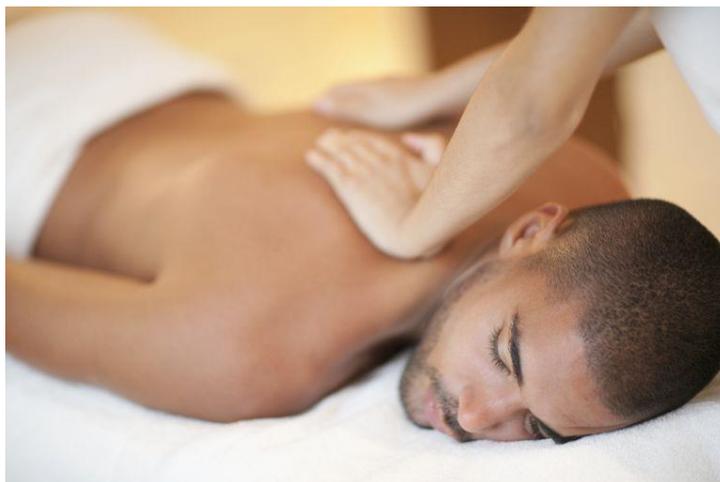
Based on the characteristics of your skin, this facial has been designed just for you. The cleansing and exfoliation will give light to the skin preparing it for the lymphatic stimulation, and the suitable mask. (Hydration, Firming, Soothing, or Rejuvenating Treatment).

Ultimate Glow (30min- 50 €)

Delight yourself with this concentrated beauty treatment. Cleansing, soothing exfoliation to renew your skin, facial massage using acupuncture points and drainage; and a relaxing head massage to finish this effective facial.

ICONIC MASSAGES

You can add to any of the treatments below an Oriental Head Massage, performed with or without oil, to obtain the deepest relaxation. (20€)



"The Signature" (60min- 90€ / 80min- 110€)

A full body massage combining different techniques to relax tired muscles and renew the body. A perfect combination of deep massage and flowing movements to relieve tension and stress, providing a sense of well-being from head to toe.

Essential MiM (50min – 80€)

Created to relieve stress, this aromatherapy massage works through a flowing sequence on the back, feet, hands and head. It allows the mind to calm down and with it, the inner tension.

Blissful Hemp oil Massage (45min- 70€)

Focused on the musculature of the back side of the body. A full back massage performed with hemp seed oil extremely relieving for muscle tension, followed by a massage to lighten legs and feet. For those who want to chill on the treatment bed and surrender to the bliss.

Back, neck and shoulder (30min- 60€)

The musculature of the back and neck reflects our lifestyle and very frequently it is the area of the body that suffers the most. This massage treats the entire back and emphasizes the most conflictive areas, helping relieve the accumulated tension.

Balancing Foot Massage (30min – 50€)

Based on the reflexology principles, this massage is a therapeutic method of treating the body. With controlled pressure, it alleviates the source of the discomfort and is effective for promoting good health, balance, and for preventing illness.

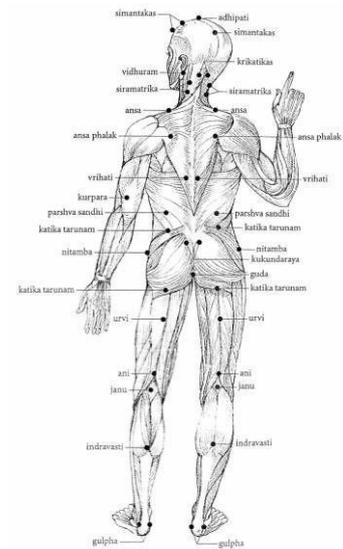
FROM THE EAST

Ayurveda Siddha Marma Massage (85 min – 110€)

Marma is a Sanskrit word, which refers to any open, exposed, weak or sensitive part of the body. In Ayurveda, it is a point in the human body that is located at the intersections of veins, muscles, joints, bones, ligaments or tendons.

These points are vital because they are infused with Prana (life force energy) we can find 107 in the body and are influenced by consciousness.

Throughout this ancient healing massage, and using the proper technique, we help our system to release the toxins accumulated on them (physically, mentally and emotionally), that are the root cause of physical diseases.



Traditional Thai Massage. (80min- € 120)

With hundreds of years of tradition, Thai traditional massage is based on a sequence of pressure points and meridians, circulatory compressions, joint mobilizations and stretching. The result is a total physical and psychic relaxation, as well as a perfect internal balance. It is performed on a mat on the floor, with loose clothing to facilitate the movements. The proper breathing sequence is essential to feel the benefits.

BEAUTY BODY TREATMENTS

Ibiza Salt & Oil body scrub (30min- 50€)

An amazing treatment to keep your body skin beautiful and toned. A complete body exfoliation with the well-known Ibiza's Salinas that will leave your skin smooth and healthy.

Anti-age grape body wrap (45min – 60€)

A dry exfoliation with a natural bristle brush that activates the lymphatic system and eliminates dead cells. Next, a wine wrapping, highly antioxidant, to repair the skin and counteract cell damage. A global anti-age and firming treatment.

Slimming detox green tea body wrap (45 min – 60€)

The lipolytic and draining properties of green tea stimulate the elimination of toxins and body fat. A dry exfoliation followed by a detoxifying wrap that will boost your system to get rid of what is not needed.

HANDS AND FEET by GELISH & MORGAN TAYLOR (USA)

Virtue Mani or Pedi. (50min- 30€)

The perfect treatment of feet and / or hands that includes clipping and shaping the nails, cuticle work, moisturizing massage and one wonderful nail varnish colors.

Manicure Deluxe (60min- 50€)

A superb hand treatment that will leave your skin glowing and your nails just perfect. Includes clipping and shaping the nails, cuticle work, scrub, anti-ageing mask, moisturizing massage and the application of a fashionable color.

Deluxe Pedicure. (60min-50€)

A full feet treatment that will change completely the appearance of dry or flawed skin on your feet. It includes clipping and shaping the nails, cuticle work, surface toenail treatment, moisturizing serum, scrub, smooth the dryness and nourishing massage. Finishing with the application of one trendy color for the perfect result.



Semi-permanent glaze GEL COLOR by GELISH (+ 10 €)

Remove Gel (15min- 10€)

WAXING (HOT & WARM WAX)

Eyebrows / Upper lip – 10€

Underarms – 10€

Arms – 15€

Back & shoulders – 20€

Half legs – 15€

Full legs – 20€

Intimate Wax – 15€

Hollywood wax. -20- €

THREADING (30 min /30€)

Method originated in Asia. For a more precise shape and a better definition.

ALL ABOUT EYES

EYEBROW AND EYELASH TINT

Eyebrows – 20€

Eyelashes – 20€

Eyebrows and eyelashes – 30€

THE 'NOT TO MISS' PACKAGES

VIRTUE DAY – Indulge yourself with our complete day package, where you will have full use of our Jacuzzi, Steam Room, Finnish Sauna, and Relaxation area. Also, choose between a personalized facial or a body massage (both 45min treatments). Included in the price is an exquisite healthy 3 courses menu which you can enjoy on our terrace/ pool area.- 110€

* Drinks not included

THE MIM EXPERIENCE- Begin this ritual with a dry body exfoliation to stimulate the functions of the skin and leaving it soft and smooth (body and face), followed by a 40 min body massage.

To finish, the application of a nourishing mask during a relaxing oriental head massage will enhance the younger appearance of your skin. You will go out of the room refreshed from head to toe.

(90min – 150€)

A RESTORATIVE JOURNEY – Allow yourself to experience a deep physical and energetic cure through this complete package.

Client lifestyle consultation, Private yoga class (75min) (style based on the client's need), Ayurveda marma point massage (90 min), Nasya Oil therapy (application of healing oil on the nostrils).

An unforgettable gift. 220€

GIFT VOUCHER – Show your best "you" with a gift that no one will forget. Choose the amount or treatment that you like, and we will take care of the rest.

HAIRDRESSER & MAKE-UP

Feel pampered by our personal hairstyle team, who will attend you privately at your chosen time in our beautiful make-up station.

Contact our Wellness reception for a full list of services.

GYM

Training room "Life Fitness", fully equipped to keep fit during your holidays.

Treadmill, elliptical bicycle, dumbbells, multi-exercise station and exercise bike.

Yoga and stretching room.

Opening hours from 7am to 23h

Virtue wellness guidelines.

The wellness area has been designed for you to enjoy and experience the relaxation and care during your time with us.

To get the maximum profit, we thank you for taking into account the following points:

- Arrive early enough to get changed or showered (if you wish) before your appointment.
- The use of swimsuit is mandatory in the water area facilities.
- Keep your voice low during your stay in the entire wellness area.
- Respect the space and relaxation of other clients on the terrace and in the treatment rooms.
- Keep your mobile phone in silent mode until you leave the wellness area.
- Alcoholic beverages are not allowed in the premises.

Enjoy this time exclusively for you.

Thanks.